

Reading: Psalm 88

Theme: In the darkest depths.

1. Realise believers can go through the darkest depths.

2. Consider how these dark times show themselves in a believer's life.

- A. Unaware of God's favourable presence
- B. No encouragements from the means of grace
- C. No help from past or present encouragements

3. Some causes of dark depths

- A. Satan
- B. Ourselves
- C. God Himself!
 - a. Out of His wise loving sovereignty
 - b. To teach us our utter dependence upon Him
 - c. To develop Christian graces in us
 - d. To weaken and prevent sin
 - e. To discipline us
 - f. To keep believers near Himself
 - g. To enable us to teach and help others through our experiences